



The George Restaurant is named after George Bryan OBE the father of Mr Andrew Bryan the proprietor of the hotel between 1993 and 2005. George Bryan established Drayton Manor Theme Park and Zoo in 1949. Situated near Tamworth in Staffordshire Drayton Manor is one of the oldest parks in the country where families can enjoy a day of excitement and fun.

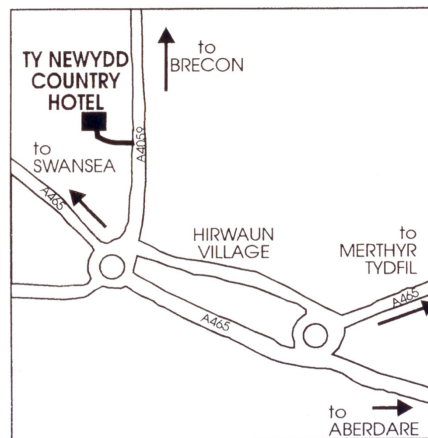


## TY NEWYDD COUNTRY HOTEL

### Hours

Monday-Friday 7:00am-9:30am  
Saturday and Sunday 8:30am-9:30pm

### How to find us....



Penderyn Road  
Hirwaun  
Aberdare  
Mid Glamorgan  
CF44 9SX

## THE GEORGE RESTAURANT Breakfast Menu



*Good Morning*  
*Bore Da*  
*Bonjour*  
*Buenos Dias*

Phone: 01685 813433  
Fax: 01685 813139  
Web: [tynewyddcountryhotel.co.uk](http://tynewyddcountryhotel.co.uk)

## From our Cold Buffet

*A selection of fruit juices, cereals and fruits.*

### Juices

Choose from today's selection of grapefruit, cranberry, orange or apple.

### Cereals

Weetabix, Bran Flakes, Coco Pops, Frosties, Cornflakes, Crunchy Nut Cornflakes.

### Fruits

Today's selection of Grapefruit segments, prunes, fruit salad and fresh fruit selection.

### Toast

White or brown toast served with butter.

### Pastries

Selection of Danish pastries, muffins and croissants.

### Preserves

Raspberry jam, blackcurrant jam, strawberry jam, apricot jam, orange marmalade, honey & marmite for those that dare!

### Yogurt

Selection of low fat yogurts.

## Breakfast

*It has been said many times, breakfast is the most important meal of the day. After a long period without eating your blood sugar levels will be low. Skipping breakfast can mean your body will start to crave something sweet and you'll end up snacking on unhealthy foods. Start the day with a filling and nutritious meal and you will give your metabolism a kick start. You'll feel full until lunch time with no temptation to snack your way through the morning. Some studies have also shown that eating breakfast (high carbohydrate/low fat) can make you more alert and assertive to face the day.*

### Ty Newydd Welsh Breakfast 8.95

Two cockle cakes served with streaky bacon cooked with laver bread and topped with a poached egg.

### Full Welsh Breakfast 8.95

Choose from our cold buffet selection after which the waiting staff will bring you your choice of cooked breakfast from our hot selection. They will also serve you your choice of tea or coffee and hot white or brown toast.

### Continental 6.50

Choose from our cold buffet selection. The waiting staff will bring you your choice of tea or coffee and hot white or brown toast.

### Kippers 8.95

Smoked kippers lightly poached.

***On busier days our hot buffet counter will be in use.***

## From our Hot Selection

*A selection of traditional hot breakfast fayre.*

### Eggs

1,2 or 3 eggs cooked to your liking, fried, scrambled, poached, boiled or omelet.

### Sausages

Our sausages are made locally by our butcher from freshly ground meats with no harmful additives.

### Bacon

Our thick cut bacon is unsmoked and free from any added water.

### Mushrooms

### Baked Beans

### Fried Bread

### Tomatoes

### Fried Potatoes

### Beverages

We have a fine selection of coffee and tea. Please ask the waiting staff for your preference.

### Tea

Traditional English, Earl Grey, Darjeeling or Assam

### Coffee

Full Café or Decafé.